# **EU strengthens protection** of healthcare workers from hazardous substances



The amended Carcinogens, Mutagens and Reprotoxic **Substances Directive (EU) 2022/431 (CMRD) specifically** addresses the safety of healthcare workers1

#### Is your health care organisation ready for new **EU legislation?**







Amending Directive 2022/431/EU must be transposed into national laws by the EU Member States by

Your employer is responsible for applying the law<sup>1</sup>

## The CMRD is important for YOUR safety - ACT NOW to protect yourself and your colleagues

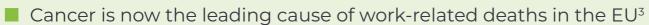
#### Protect those who protect us

**1.8 MILLION** workers exposed to hazardous medicinal products (HMPs) in the EU today<sup>2</sup>

69% of exposed workers are employed in hospitals and clinics<sup>2</sup>

**19%** of exposed workers are employed in pharmacies<sup>2</sup>

**40%** of exposed workers are nursing professionals<sup>2</sup>



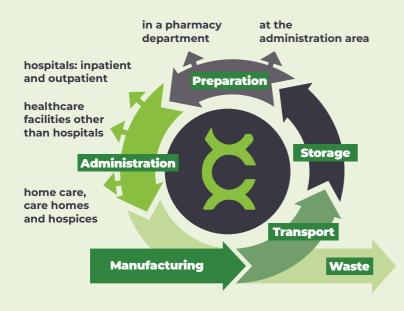


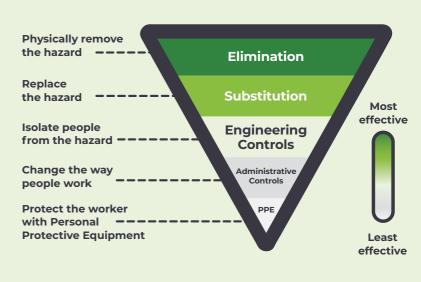
## HMPs which contain one or more carcinogens, mutagens or reprotoxic substances now fall under the scope of the CMRD<sup>1</sup>

- Nurses exposed to cytotoxic drugs are twice as likely to miscarry<sup>5</sup>
- Healthcare workers who handle cytotoxic drugs are more likely to develop malignancy<sup>6</sup>

## The hierarchy of controls offers protection throughout the whole lifecycle of HMPs

#### **Creating a safe** environment together<sup>1</sup>





- Hierarchy of controls can be used to create a safe environment<sup>7</sup>
- Risk of exposure assessment shall be renewed regularly<sup>1</sup>
- Employers should periodically provide high-quality mandatory training in healthcare settings to all workers who are exposed to HMPs<sup>1</sup>
- Employers should implement surface contamination monitoring protocols to make sure that the controls in place are effective<sup>1</sup>
- If replacement of HMPs is not possible, then a closed technological system. should be used1
- Employees should undergo regular health surveillance for biological monitoring arranged by their employer<sup>1</sup>
- The EU Commission must identify and list HMPs no later than 5<sup>th</sup> April 2025<sup>1</sup>

This infographic was produced with input from José Manuel Martínez Sesmero, Chief Pharmacist at Hospital Clinico San Carlos (Madrid), and Susanne Cruickshank, Strategic Lead for Applied Health Research at The Royal Marsden NHS Foundation Trust (London) Access the 2022 **CMRD** here:



References

- 1 Directive (EU) 2022/431 of the European Parliament and of the Council of 9 March 2022 amending Directive 2004/37/EC on the protection of workers from the risks
- 2 European Commission. Study supporting the assessment of different options concerning the protection of workers from exposure to hazardous medicinal products, including cytotoxic medicinal products. 2021

3 Takala J. Eliminating occupational cancer in Europe and globally. ETUI. 2015.

4 Lindsley I, Musu T. The ETUI's list of hazardous medicinal products (HMPs). ETUI. 2022

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5 Lawson CC, et al. Occupational exposures among nurses and risk of spontaneous abortion. Am J Obstet Gynecol 2012;206(4):327.el-8. 6 Petralia SA, et al. Cancer mortality among women employed in health care occupations in 24 U.S. states, 1984-1993. Am J Ind Med 1999;36(1):159-65.